

# Positive

*or it's pointless*



## The values of sport

Sport is part of the Queensland way of life. It provides a wonderful opportunity for people to be active and healthy and enhance their social skills and networks. As junior participation provides the platform for ongoing involvement in sport, it is essential it is a positive experience for all involved.

At the heart of sport are values which promote the fun, safe and fair environment needed to ensure players, parents, coaches, officials and administrators enjoy sport and stay involved. Only people who commit to these values can really enjoy participating in sport.

### INTEGRITY

Play by the rules and spirit of the sport.

- Participate in the best interest of the sport and other participants, always having regard to governing rules, regulations and standards.
- Set an example for others in the way you conduct yourself in playing, volunteering or spectating and in winning or losing.
- Encourage positive actions and appreciation for people's good behaviour and involvement – always say 'well done' and 'thanks'.
- Advocate a pure sport environment, free of alcohol, and performance enhancing and illegal drugs.

### RESPECT

Value the rights, dignity and worth of every individual.

- Everyone has the same value and right to be respected regardless of gender, age, ability, ethnic origin or religion.
- Value and utilise the skills, aspirations and goals of each athlete to help them reach their full potential.

### FUN

Sport is fun. Enjoy it!

- Celebrate players, coaches, officials and volunteers 'having a go'. Celebrate their personal achievements.
- Emphasise enjoyment over winning.

### RESPONSIBILITY

The buck stops with you.

- Good sportsmanship starts with every individual acting positively. Take responsibility for your actions, decisions and behaviour.
- Take appropriate steps to protect others from any form of harassment or abuse.

### EXCELLENCE

Give it your best shot!

- Go for it! Rise to the challenge.
- Enjoy the journey. Discover how good you can become!